

COURSE NAME

Preliminary self-evaluation

Name: _____

Major: _____

Team number: _____

Achieving good team dynamics under pressure is difficult, but it is essential to develop the kinds of skills that will enable you to work effectively with different kinds of people. Having an honest discussion about expectations, both of ourselves and of our teammates, can help us to anticipate conflicts and alleviate them before they impact the team's work.

To facilitate that sort of conversation, please fill out this self-evaluation form and bring it with you to the next class meeting.

Part I. On a scale of 1-5, please rank how well you think the following statements describe you - be honest.

1= describes me perfectly, 5=does not describe me AT ALL.

1. I am easygoing. I get along with just about everyone. _____
2. As long as I pass the class, I'm not really concerned about the grade I receive. _____
3. I usually feel the need to be in control of any group work. _____
4. I feel comfortable critiquing my teammates' work. _____
5. I am pleased to receive constructive criticism on my own work from my teammates. _____
6. It's important that the team work together to complete the assignment, even if I'm not confident that my teammates will do good work. _____
7. If some of my teammates don't pull their own weight, I feel confident that I can discuss the issue with them openly and honestly. _____
8. I am confident that I know how to offer constructive criticism on my teammates' work. _____

Part II. Below, briefly describe any team experiences you have had in your academic work, including projects and coursework.

Were the experiences positive? Negative? What could you or your teammates have done to improve team functioning? What did you or your teammates do that seemed to help the team work well together?

